



LIVE WELL Chiropractic and Pilates Center  
8200 S Port Dr., Suite 106 Manhattan KS 66502  
785-320-6935

For office use only // Patient File: # \_\_\_\_\_  
Page 1 of 11  
**PATIENT INTAKE FORM**

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient's Full Name \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email: \_\_\_\_\_

Male Female Date Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ of Married Single Widowed Separated Divorced

Spouse's Name \_\_\_\_\_ Number of Children/Ages \_\_\_\_\_

**How Did You Find Us?**

Existing Patient, Who? _____	Google: _____	Primary Family Physician: _____
Physician, Who? _____	Other: _____	Address: _____
Friend, Who? _____		City and State: _____
Office Website _____		Phone #: _____
Social Media (Facebook/Instagram, etc) _____		

Status: Employed Full Time Student Part Time Student Retired Unemployed Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_ Employer Address: \_\_\_\_\_ Business Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Previous Chiropractic Care: Yes No If Yes, for what Problem: \_\_\_\_\_

Chiropractic Dr.'s Name: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Is Today's Visit Due To A Work-Related Injury: Yes No

Is Today's Visit Due To An Auto Accident: Yes No

Date of Injury: \_\_\_\_\_

(If yes to either questions above, please check with receptionist, additional information is needed)

**Authorization and Assignment**

In consideration of your undertaking to care for me, the patient, I agree to the following:

1. You are authorized to release **any information** you deem appropriate concerning my physical or emotional condition, health history, or billing and payment history to any insurance company, attorney, or adjuster for the purpose of any claim for reimbursement of charges incurred by me.
2. I authorize my attorney and/or any insurance company to make **direct payment to you** of settlement proceeds.
3. I hereby assign and transfer to Live Well Chiropractic and Pilates Center the cause of action that exists in my favor against any insurance company obligated by contractual agreement to make payment to me or to Live Well Chiropractic and Pilates Center for the charges made for service.
4. I authorize Live Well Chiropractic and Pilates Center to prosecute said action either in my name. I further authorize Live Well Chiropractic and Pilates Center to compromise, settle, or otherwise resolve said claim as you see fit. I understand that whatever amounts Live Well Chiropractic and Pilates Center does not collect from insurance companies, whether it be all or part of what was due, **I personally owe to Live Well Chiropractic and Pilates Center.**
5. I further agree that this Authorization and Assignment is irrevocable until all moneys owed to you Live Well Chiropractic and Pilates Center are **paid in full.**



Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Dear Patient, please complete this form and questionnaire. If you need assistance, please ask. Your answers will help us determine if Chiropractic care can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case. Thank You.

Present complaint(s): \_\_\_\_\_

When did your symptoms begin? (Specific date if possible) \_\_\_\_\_

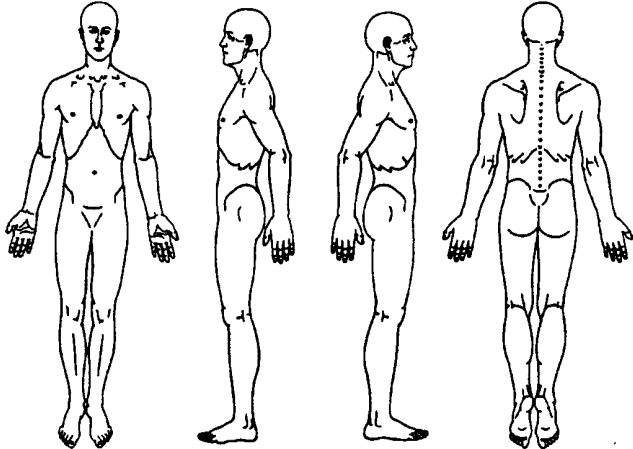
How did your symptoms begin? (i.e. Lifting, bending, etc..) \_\_\_\_\_

In the past have you had anything similar to this? Yes No

Please explain \_\_\_\_\_

### **PAIN CHART**

Please Mark the Areas of Pain on The Diagram Below, then Describe Your Pain(s) separately in each box.

	<p>What brings you into consult with me?</p>																																
<p><b><u>DESCRIBE YOUR PAIN</u></b> <b><u>#1 Complaint</u></b> (Rate your level of Pain, Scale 0-10)</p> <p>0 1 2 3 4 5 6 7 8 9 10 No Pain Unbearable</p> <p>Check all that apply to your #1 Complaint</p> <table><tr><td>Sharp</td><td>Ache</td><td>Tingling</td></tr><tr><td>Stabbing</td><td>Soreness</td><td>Numbness</td></tr><tr><td>Burning</td><td>Weakness</td><td>Dull</td></tr><tr><td>Shooting</td><td>Throbbing</td><td>Constricting</td></tr></table> <p>Other : _____</p> <p>How often is this complaint present?</p> <table><tr><td>Constant 100% of the time</td><td>Frequently 75%</td></tr><tr><td>Intermittent 50%</td><td>Occasional 25%</td></tr></table>	Sharp	Ache	Tingling	Stabbing	Soreness	Numbness	Burning	Weakness	Dull	Shooting	Throbbing	Constricting	Constant 100% of the time	Frequently 75%	Intermittent 50%	Occasional 25%	<p><b><u>DESCRIBE YOUR PAIN</u></b> <b><u>#2 Complaint</u></b> (Rate your level of Pain, Scale 0-10)</p> <p>0 1 2 3 4 5 6 7 8 9 10 No Pain Unbearable</p> <p>Check all that apply to your #3 Complaint</p> <table><tr><td>Sharp</td><td>Ache</td><td>Tingling</td></tr><tr><td>Stabbing</td><td>Soreness</td><td>Numbness</td></tr><tr><td>Burning</td><td>Weakness</td><td>Dull</td></tr><tr><td>Shooting</td><td>Throbbing</td><td>Constricting</td></tr></table> <p>Other : _____</p> <p>How often is this complaint present?</p> <table><tr><td>Constant 100% of the time</td><td>Frequently 75%</td></tr><tr><td>Intermittent 50%</td><td>Occasional 25%</td></tr></table>	Sharp	Ache	Tingling	Stabbing	Soreness	Numbness	Burning	Weakness	Dull	Shooting	Throbbing	Constricting	Constant 100% of the time	Frequently 75%	Intermittent 50%	Occasional 25%
Sharp	Ache	Tingling																															
Stabbing	Soreness	Numbness																															
Burning	Weakness	Dull																															
Shooting	Throbbing	Constricting																															
Constant 100% of the time	Frequently 75%																																
Intermittent 50%	Occasional 25%																																
Sharp	Ache	Tingling																															
Stabbing	Soreness	Numbness																															
Burning	Weakness	Dull																															
Shooting	Throbbing	Constricting																															
Constant 100% of the time	Frequently 75%																																
Intermittent 50%	Occasional 25%																																

Check each following box that applies to your pain(s), and place the **Complaint #** next to its corresponding box :

<p><b>Is your Pain:</b></p> <p>Increasing</p> <p>Decreasing</p> <p>Not Changing</p> <p>Varies</p>	<p><b>Was the Onset:</b></p> <p>Gradual</p> <p>Sudden</p>	<p><b>Pain is aggravated by:</b></p> <table><tr><td>Walking</td><td>Lifting</td></tr><tr><td>Sitting</td><td>Bending</td></tr><tr><td>Riding in a car</td><td>Stretching</td></tr><tr><td>Standing</td><td>Twisting</td></tr><tr><td>Other</td><td></td></tr></table> <p>_____</p>	Walking	Lifting	Sitting	Bending	Riding in a car	Stretching	Standing	Twisting	Other		<p><b>Pain is improved by:</b></p> <table><tr><td>Medication</td><td>Rest</td></tr><tr><td>Chiropractic</td><td>Exercise</td></tr><tr><td>Adjustment</td><td>Therapy</td></tr><tr><td></td><td>Other</td></tr></table> <p>_____</p>	Medication	Rest	Chiropractic	Exercise	Adjustment	Therapy		Other
Walking	Lifting																				
Sitting	Bending																				
Riding in a car	Stretching																				
Standing	Twisting																				
Other																					
Medication	Rest																				
Chiropractic	Exercise																				
Adjustment	Therapy																				
	Other																				



LIVE WELL Chiropractic and Pilates Center  
8200 S Port Dr., Suite 106 Manhattan KS 66502  
785-320-6935

For office use only // Patient File: # \_\_\_\_\_

Page 3 of 11

**PATIENT INTAKE FORM**

---



**Family Doctor / Primary Care Physician(PCP)?**

We normally keep your family doctor and/or referring physician informed regarding your care at this office.

Yes	No	Is it okay to inform your PCP?
Yes	No	Is pain affecting your ability to work or be active? <b>If Yes</b> explain: _____
Yes	No	Any change in bowel or bladder (bathroom) function? <b>If Yes</b> explain: _____
Yes	No	Any fever or chills? <b>If Yes</b> explain: _____
Yes	No	Any dizziness associated with symptoms? <b>If Yes</b> explain: _____
Yes	No	Have you experienced any unexplained weight loss, fatigue, or blood loss? <b>If Yes</b> explain: _____
Yes	No	Are your complaints affecting your sleep? <b>If Yes</b> explain: _____
Yes	No	Have you had any tests for this complaint? (i.e. X-rays, MRI, CT) <b>If Yes</b> explain: _____
Yes	No	Any past or recent falls / accidents / surgeries / broken bones? <b>If Yes</b> explain: _____
Yes	No	Have you seen any other physicians in the past 6 months? <b>If Yes</b> explain: _____
Yes	No	Have you had any prior treatment for this or a related complaint, including any physical therapy? <b>If Yes</b> , who and what treatment? _____
Yes	No	Have you ever been in the hospital or had surgery for any reason? <b>If Yes</b> explain: _____
Yes	No	Have you ever been in an accident? <b>If Yes</b> explain: _____
Yes	No	Do you smoke? <b>If Yes</b> how much? _____ If you have quit smoking, when did you quit? _____
Yes	No	Do you consume alcohol? IF yes, how much?

What do you think is the most important thing I can do to help you achieve your goals?

What type of care are you interested in?

Pain relief only

Healing of current condition

Optimizing your health

All three



<b><u>What non-prescription medication are you taking?</u></b>				<b><u>What Prescription medication are you taking?</u></b>		
Tylenol	Aspirin			Anti-inflammatory	Birth Control Pill	Diet Pills
Ibuprofen	None			Pain Killers	Cholesterol Meds	Nerve Pills
Other				Muscle Relaxers	Insulin	HRT
_____				Blood Pressure Meds	Tranquilizers	Sleeping Aid
How often?   Daily   Weekly   Other				Blood Thinners		None
_____				Other		
Specific names if possible: _____						

**FAMILY HISTORY AND HEALTH STATUS:** List any diseases, disorders, or major illnesses. If deceased, from what?  
(This information may help determine your familial susceptibilities to illness, disorders, etc., and help me better treat your condition.)

Mother: _____	Father: _____
Brother(s): _____	Sister(s): _____
Other: _____	Other: _____

Are you currently pregnant?   Yes   No

Do you have any bleeding disorders?   Yes   No

Explain further if yes \_\_\_\_\_

Do you have any other health concerns or diseases? (eg: heart disease, hypothyroidism, asthma, allergies, etc.)

Do you have any specific dietary guidelines you follow?   Gluten Free   Dairy Free   Vegetarian / Vegan   Other: \_\_\_\_\_

Do you feel drops in your energy levels throughout the day?   ☐ Check box if yes, and specify when:

Do you drink Soda?   **Yes**   **No**

☐ Check box if you drink regular soda, and include how many cans/bottles per week:

☐ Check box you drink diet soda, and include how many cans/bottles per week:

Do you drink coffee/tea or other caffeinated beverages?   **Yes**   **No**

☐ Check box you drink coffee/tea, and include how much you drink per day

☐ Check box you drink energy drinks, and include how many cans/bottles per day:

Yes   No   Do you exercise: If yes, list your most strenuous workouts, time/min, level of exertion (1 - least to 10 - most), frequency/week:

Activity:

Average duration of activity (minutes):



LIVE WELL Chiropractic and Pilates Center  
8200 S Port Dr., Suite 106 Manhattan KS 66502  
785-320-6935

For office use only // Patient File: # \_\_\_\_\_

Page 6 of 11

## PATIENT INTAKE FORM

Days/week: \_\_\_\_\_

How many glasses of water do you consume daily?

☐ 1 - 3 ☐ 4 - 6 ☐ 7 - 9 ☐ 10 - 12 ☐ > 12

Social Participation (Please answer by checking the one box that best applies to you. We realize you may consider two or more statements apply, but please just check one statement which most clearly describes how your issues affect your social life.)

- 1) ☐ My social life is normal and give me no extra pain
- 2) ☐ My social life is normal but increases the degree of pain
- 3) ☐ Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g. sports.
- 4) ☐ Pain has restricted my social life and I do not go out as often
- 5) ☐ Pain has restricted my social life to my home
- 6) ☐ I have no social life because of pain

### WELLNESS QUESTIONS (answer for TODAY how you feel)

- |                            |  |                                       |   |   |  |
|----------------------------|--|---------------------------------------|---|---|--|
| 1. Fatigue                 | <input type="checkbox"/> Very fresh  | <input type="checkbox"/> Fresh        | <input type="checkbox"/> Normal   | <input type="checkbox"/> More tired than normal       | <input type="checkbox"/> Always tired    |
| 2. Sleep Quality           | <input type="checkbox"/> Very restful  | <input type="checkbox"/> Good         | <input type="checkbox"/> Difficult falling asleep                               | <input type="checkbox"/> Restless sleep               | <input type="checkbox"/> Insomnia        |
| 3. General Muscle Soreness | <input type="checkbox"/> Feeling great   | <input type="checkbox"/> Feeling good | <input type="checkbox"/> Normal   | <input type="checkbox"/> Increased soreness/tightness | <input type="checkbox"/> Very sore       |
| 4. Stress Levels           | <input type="checkbox"/> Very relaxed  | <input type="checkbox"/> Relaxed      | <input type="checkbox"/> Normal   | <input type="checkbox"/> Feeling stressed             | <input type="checkbox"/> Highly stressed |
| 5. Mood                    | <input type="checkbox"/> Very positive mood <input type="checkbox"/> A generally good mood |                                       | <input type="checkbox"/> Less interested in others and/or activities than usual |   |  |
|                            | <input type="checkbox"/> Snappiness at teammates, family, and coworkers                    |                                       | <input type="checkbox"/> Highly annoyed, irritable, or down                     |   |  |